



# Fish 'n' Ships

35 Station Rd  
Red Hill  
Victoria 3937  
Ph: 04 07 946 467  
bythewind@nex.net.au  
www.fishnships.info

## AUF/NCAS SNORKEL INSTRUCTOR COURSES 2008

### REQUIRED PRE-REQUISITES

- MINIMUM OF EIGHTEEN YEARS OF AGE
- C.P.R. CERTIFICATE (proof required)
- GENERAL MEDICAL CLEARANCE TO SNORKEL
- SCUBA CERTIFICATION OR LOGGED PROOF OF TWELVE HOURS SNORKELLING
- EXPERIENCE OVER THE PAST TWELVE MONTHS: If we don't believe you have enough experience you may be required to attend a pre course training day at extra cost...\$80

### PREREQUISITE DAY..

- After application form with prerequisite dive experience detailed, candidate may need to attend a "prereq" training day to get up to speed prior to the actual course.
- This may consist of theory revision, study program, pool skills session, shore dive/s.
- This will be decided on a case by case situation
- Nb: this will be at extra expense to candidate above course costs

### POOL SKILLS COMPONENT (theory & pool skills)

- This takes candidate to "pool snorkel instructor" level (2 x day program)

### OCEAN SKILLS COMPONENT (theory and practical sessions)

- This takes candidate to "Ocean Snorkel Instructor" level, and includes rescue certification (3 days)
- This session will be conducted as land or boat based options.

### FIELD WORK EXPERIENCE

Field work experience is required to finalise AUF Instructor status requirements and includes:

- successfully completing twelve (12) hours of instructor supervised teaching in varied situations both pool & ocean. For qualified practicing teachers this section may not be needed.
- You will need to apply for AUF/NCAS membership and pay fees - \$80 - to finalize certification status. (This is not included in initial course fees)

### FITNESS TESTING...(during course)

- 200mtr swim in 6 minutes
- 800mtr surface snorkel in 17 minutes
- Tread water for 10 minutes whilst supporting a 2kg weight
- 25mtr underwater swim (5mtr descent/15mtr along/5mtr ascent)
- 25mtr surface snorkel with double weight belt
- Ditch and retrieve weight belt from 5 mtr

### OTHER COURSE ASSESSMENT AREAS

- SNORKEL DIVER RESCUE
- THEORY TEACHING
- PRACTICAL SKILLS TEACHING
- THEORY EXAM
- DIVE LEADERSHIP
- PERSONAL SKILLS

## **COURSE DATES FOR 2008**

\* 17 - 21 November LAND BASED  
\* 24 - 28 November LAND BASED  
\* 1 - 5 December BOAT BASED

## **COURSE COSTS FOR 2008**

Pre requisite day (if needed)		\$80
Full five day course	LAND BASED	\$480
	BOAT BASED	\$590
Field experience		No charge
AUF/NCAS membership fees		\$80 at completion of field experience

## **COURSE OPTION PLANNER**

### **Pre-requisite experience**

Logged dives by self      or      Attend "pre-req" training (\$80)

### **Course Proper**

Pool section – 2 days      plus      Ocean section – 3 days  
Land based (\$480)      or      Boat based (\$590)

### **Field experience**

12 hours if required

### **AUF / NCAS membership**

(\$80)

# SNORKEL INSTRUCTOR COURSE

## APPLICATION FORM 2008

NAME..... AGE.....

ADDRESS.....

..... POSTCODE.....

ORGANISATION / GROUP / COLLEGE.....

PHONE NUMBERS                      A/H.....

B/H.....

Mob.....

E-Mail.....

PRE-REQUISITE DETAILS (YES/NO)

FIRST AID QUALS

CPR QUALS

MINIMUM 12 HOURS OPEN WATER SNORKEL EXPERIENCE

CAN SWIM 400mtrs

**COURSE DATES FOR 2008** (circle required course date)

- |    |                  |            |
|----|------------------|------------|
| A) | 17 - 21 November | LAND BASED |
| B) | 24 - 28 November | LAND BASED |
| C) | 1 - 5 December   | BOAT BASED |

NON REFUNDABLE DEPOSIT OF \$100 DUE WITH APPLICATION

REMAINDER OF PAYMENT DUE ON DAY ONE OF COURSE

**QUERIES TO DAVID WAILES 0407 946 468**

**RETURN HARD COPY of APPLICATION FORM WITH DEPOSIT TO:**

(application required as soon as possible )

D.WAILES  
35 STATION RD  
RED HILL 3937

If the Pre-requisite course is needed, it shall be run 8/9 days before the course, unless otherwise discussed.

All course applications must be in at least **two weeks prior** to the course dates.

Numbers are strictly limited so get in early with your booking.

There will be no refund if cancellation occurs within a week of the course start date